



Fuse Research Event
Celebrating women #EmbracingEquity in the North East
International Women's Day 2023
Wednesday 8 March 2023, 10.15am-1.30pm
Recovery College Collective (ReCoCo), No.1 Carlil Square
Newcastle Upon Tyne, NE1 6UF

About this event

On International Women's Day 2023 we are embracing equity by celebrating resilience and showcasing the lived experiences of women in the North East of England in a joint event with [Fuse, the Centre for Translational Research in Public Health](#), the [NIHR Applied Research Collaboration \(ARC\) North East and North Cumbria \(NENC\)](#), REFORM, and [Changing Futures Northumbria](#). This event brings together experts by experience, researchers and practitioners to discuss the health and social care inequalities of women in the North East.

At this event we will present and discuss research and innovative practice from across the region and begin planning areas for future research. Presentations from a range of speakers include: [Joanne McGrath](#) (Northumbria University) and Trudi & Sue (experts by experience) who will discuss research exploring health impacts of hidden homelessness and social networks. [Claire Smiles](#) (Newcastle University) will share insights from her Fuse funded PhD 'Women's Sexual Wellbeing Study' with poetry by Patient and Public Involvement Lead Donna Kay. Amy Van Zyl (REFORM) will present findings from the "Still a Mam" report which explores women's experiences of child removal. The session will include an overview of the wider public health cost of child removal as well stories presented by the women who have experienced it. And Sarah Charlton and Beverley Hunter (Changing Futures Northumbria) will discuss their innovative work with people who are currently under reached by services.

The event will include an interactive session inviting attendees to contribute to an 'Iceberg Model' of support. This first explores the kind of support that people are usually offered due to their 'Presenting/Visible Needs', which will go on the part of the iceberg above water. We will then think about what's 'under the surface', the 'Invisible Needs' which traditional support services don't address but are vital to consider when working with someone who is facing multiple and complex disadvantages.

What will I gain from this?

This event will provide an overview of current research exploring women's health inequalities, how this is experienced, and the current unmet need within the region. Emerging findings from the various studies will be shared and reflected upon, with opportunities to discuss and ask questions. In addition, the event will provide an opportunity to contribute to a workshop prioritisation exercise for future research in this area. The event will also feature a celebration of women, including group artwork framing ideas for change.

Who should attend?

This is an inclusive event which hopes to bring together a diverse range of people with an interest in women's health and social care inequalities. Academics, researchers, practitioners, staff volunteers and members of the public with an interest in women's health and wellbeing are encouraged to attend.

[Register here.](#)

PROGRAMME

10.15-10.30	Registration and Coffee
10.30-10.35	Welcome & housekeeping Dr Hayley Alderson, Senior Research Fellow, NIHR ARC North East North Cumbria (NENC), Embedded Children and Families Social Care Local Clinical Research Network
10.35-11.00	Joanne McGrath, Doctoral student – Fuse, NIHR School for Public Health Research (SPHR) / Applied Research Collaboration North East and North Cumbria (ARC NENC), Northumbria University, with Trudi and Sue, experts by experience. <i>“Once you owe something they can take anything”</i> : women’s experiences of hidden homelessness and social networks
11.00-11.25	Claire Smiles, Doctoral student – Fuse, Newcastle University <i>Exploring the reproductive health and social care needs of women who use drugs and alcohol in the North East. Findings from the ‘Women’s Sexual Wellbeing (WSW)’ study.</i> Donna Kay, Patient and Public Involvement Lead (WSW) Marie Warby & Kayleigh Cookson, Patient and Public Involvement members. <i>Poetry reading</i>
11.25-11.40	Interactive session <i>What are the top three priorities we need to consider in order to improve support for women who use drugs and alcohol and their families, in the North East. How can we achieve these goals?</i>
11.40-12.05	Amy Van Zyl, Chief Executive -REFORM <i>Wider health inequalities of child removal and how to overcome it</i> This session will give an overview of the public health cost associated with child removal as well as the voice of lived experience. The session will review health inequalities for women post child removal as well as what promotes recovery from it. Including the voices of lived experience.
12.05-12.15	Comfort and refreshment break
12.15-12.40	Sarah Charlton and Beverly Hunter McEwan, Changing Futures Northumbria <i>“What Matters to Me”</i>
12.40-13.00	Interactive session <i>Iceberg Model of support</i>
13.00-13.10	Joanne McGrath and Claire Smiles <i>Messages of hope (see below)</i>
13.10-13.45	Close and lunch available

ReCoCo WiFi access: Select ‘Guest’ - password is ‘Let me In’

In the spirit of International Women’s Day 2023 we ask you to share messages of hope and empowerment for women across the North East. These messages can be written in person on the day or you can add to our digital board [here](#).

Tweet about the event using [#FuseRE](#) / [#embracingequity](#) / [#IWD2023](#)

Follow Fuse [@fuse_online](#)